



DEXA/ Bone Density Preparation Instructions

Do not take calcium supplements on the day of your exam.

If you have had or are scheduled to have an exam requiring barium or contrast, it must be completed at least 7 days prior to your bone density appointment.

On the day of your appointment, be sure to bring:

- Your doctor's order, prescription or referral form
- Your insurance card
- Your co-pay
- All pertinent previous films and reports
- Completed bone density appointment forms

For the safety of our patients and our staff, children are not permitted to accompany a patient into the examination room and may not be left unattended in the waiting room. Please plan accordingly.

Visit www.alexandriaradiology.com for office directions and bone density appointment forms.

